

# YOGA WORKSHOP WITH RAJVI MEHTA March 24 – 28, 2010

Rajvi Mehta is among the senior Iyengar Yoga teachers and has been studying directly under BKS Iyengar since 1979. She has been teaching yoga for the Light on Yoga Research Trust in Mumbai since 1987 and is the editor of Yoga Rahasya, the quarterly publication of the Ramamani Iyengar Yoga Institute.

Rajvi has taught yoga extensively in India and abroad and has led the teaching at the National Iyengar Yoga Conventions in the UK and Europe. She has conducted workshops in Ireland, China, the USA, Poland, Belgium and the UK.

A practitioner may opt to attend all or just one of the workshops. In light of the limited capacity of the studio, please make your reservations as soon as possible. Reservations will be honored on a first come first served basis. Please complete the Registration Form, fill-in ALL spaces, and send thru fax to 884-1173 or e-mail to [info@iyengaryogamanila.com](mailto:info@iyengaryogamanila.com)

## REGISTRATION FORM: Rajvi Mehta March 2010 Workshop

Name: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Contact no: \_\_\_\_\_

Yoga Experience  None, Beginner

Iyengar Yoga - How long have you been practicing?

Other (pls specify), How long have you been practicing?

Medical History: Please indicate if you have any medical condition (high blood pressure, vertigo, scoliosis, etc and previous/current injuries)

Attending the following session/s:

	<b>Standard Basic Class</b> OPEN TO ALL (P2000/session; P7000 for all 4 sessions)  For students at all levels of experience -- beginners, students new to yoga or the Iyengar method and regular practitioners.	<b>General Class</b> ADVANCED CLASS (P3000/session; P15,750 for all 6 sessions)  For more advanced practitioners with prior exposure to Iyengar Yoga – Can come up to Independent Salamba Sarvangasana (Shoulderstand) & Supported/Independent Salamba Sirsasana (Headstand)
Mar 24 (Wed) Mar 25 (Thu) Mar 26 (Fri)	<input type="checkbox"/> 12:00nn – 2:00pm <input type="checkbox"/> 12:00nn – 2:00pm <input type="checkbox"/> 12:00nn – 2:00pm	<input type="checkbox"/> 6:00pm – 9:00pm <input type="checkbox"/> 6:00pm – 9:00pm <input type="checkbox"/> 6:00pm – 9:00pm
Mar 27 (Sat) Mar 28 (Sun) -	<input type="checkbox"/> 11:00am – 1:00pm	<input type="checkbox"/> 3:00pm – 5:30pm (Pranayama) <input type="checkbox"/> 10:00am – 1:00pm <input type="checkbox"/> 3:00pm – 6:00pm (Restorative)

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Payment will be through:

- Direct Deposit into IYCM Account: PhP \_\_\_\_\_
- Direct Payment at IYCM Studio : Cash amount PhP \_\_\_\_\_  
: Check amount PhP \_\_\_\_\_
- Partial payment - Reservation fee: 50% downpayment
- Full payment

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Signed:

Date:

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Relevant Information:

Payments may be made in cash or check. Checks are payable to Marina P Ortiz. For deposit payments, IYCM account is Unionbank C/A # 00-001-008928-7.

Studio requires full payment by March 15, 2010. If balance of payment is not received by then, reservation is considered cancelled and slot will be offered to other interested participants. There will be NO refund for the initial deposit.

For Cancellations: Before March 10, 2010, an admin fee of P500 will be retained. Onwards 50% of the workshop fee will be retained. After the workshop date no refunds will be given.

Deposit Slip Here